

## Activity Schedule

Workshop	Strangford & Lecale AONB	Ring of Gullion AONB
Induction and bushcraft	Saturday 7 <sup>th</sup> Feb	Sunday 15 <sup>th</sup> Feb
Mountain biking and nature volunteering	Sunday 22 <sup>nd</sup> Feb	
First aid training	Sunday 8 <sup>th</sup> March	Saturday 7 <sup>th</sup> March
Hill walking at Slieve Gullion	Saturday 28 <sup>th</sup> March	
Canoeing on Strangford Lough	Friday 10 <sup>th</sup> April	

Please note that this schedule may be subject to change and will be dependent on weather conditions.

**Induction day** - Get to know your group leaders and fellow Youth Rangers through fun games, challenges and bush craft. Practical conservation work in the afternoon learning about the work of the AONB and Geopark team.

**First aid awareness** - Learn how to deal with conscious and unconscious patients, bleeding, broken bones and minor illnesses. This is a recognised first aid qualification. It is useful to have when out exploring and it looks great on a CV. You will also get the opportunity to take part in some practical conservation.

**Mountain biking and practical conservation.** The groups will work together to clear invasive scrub in the beautiful Castlewellan Forest Park. And as a reward for their hard work they will have the opportunity to tackle some of the mountain bike trails.

**Hill walking in the Ring of Gullion** - (a day where the Strangford and Lecale and Ring of Gullion Youth Rangers meet up. Transport provided). Exploring Slieve Gullion Mountain learning about its habitats, archaeology, legends and geology. You'll also have an opportunity to learn about how we look after the mountain, learning map reading and navigation skills and taking part in a litter pick.

**Canoeing on Strangford Lough** (a day where the Strangford and Lecale and Ring of Gullion Youth Rangers meet up. Transport provided). Exploring Strangford Lough on the water, about its habitats, wildlife, and geology; also taking part in a litter pick

Funded via the Carrier Bag Levy by: